

2026

Benefits Calendar



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Happy New Year!

It remains a true honour to serve as your representative in Ottawa. I am grateful for the opportunity to elevate your voice in Parliament, and for the continual ways you help me to understand the needs and wants of our community. Your engagement strengthens our community and helps me grow in this role.

My team and I remain firmly committed to ensuring there are always open lines of communication between us.

As a friendly reminder, our office can help navigate a variety of different issues for you related to government services, such as CRA, Passports, Visas, social benefits, and as a space for you to share your concerns generally.

I hope that this calendar, which includes the deposit dates of many important government benefits for 2026 (if you qualify), serves as both a useful guide and helpful reminder.

Wishing you all the best in the year ahead, and as always, do not hesitate to be in touch!

Sincerely,

Ben Carr

January

'26

Happy
New Year!



Ben with community leader Jim Antonick at the Sir William Osler Rink during Winterfest.

SUN	MON	TUE	WED	THU	FRI	SAT
				1 New Year's Day	2	3
4	5 \$ GST/HST	6	7	8	9	10
11	12 \$ ACWB	13	14	15 \$ CDB	16	17
18	19	20 \$ CCB	21	22	23	24
25	26	27	28 \$ CPP/OAS/GIS	29	30	31

February

'26



Serving cookies at the Holy Family
Ukrainian Church Seniors'
Valentine's Day Dance.

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 Louis Riel Day	17	18	19 \$ CDB	20 \$ CCB	21
22	23	24	25 \$ CPP/OAS/GIS	26	27	28

March

'26



Riverview Community Centre's
Family Movie Night.

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19 \$ CDB	20 \$ CCB	21
22	23	24	25	26	27 \$ CPP/OAS/GIS	28
29	30	31				



April

'26



Planting trees with Hugh Penwarden in Wildwood Park.

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Passover Begins	2 \$ GST/HST	3 Good Friday	4
5 Easter	6 Easter Monday	7	8	9 Passover Ends	10	11
12	13	14	15	16 \$ CDB	17	18
19	20 \$ CCB	21	22	23	24	25
26	27	28 \$ CPP/OAS/GIS	29	30		



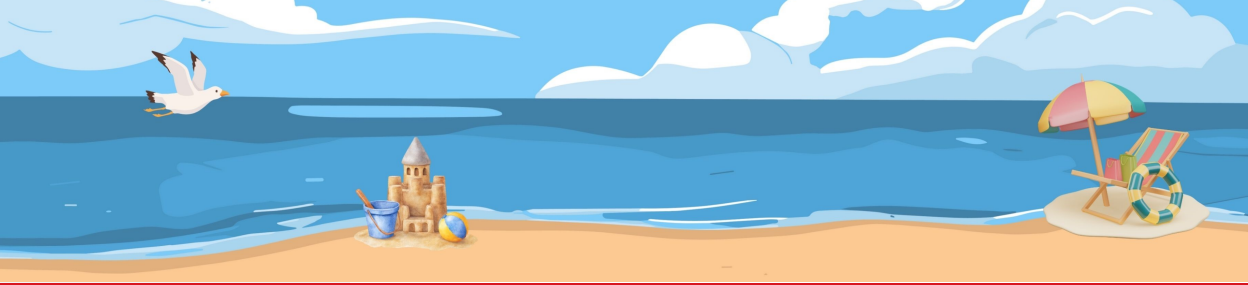
May

'26



Visiting with the board of ACOMI
(African Communities of Manitoba)

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18 Victoria Day	19	20 \$CCB	21 \$CDB	22	23
24	25	26	27 \$CPP/OAS/GIS	28	29	30
31						



June

'26



Ben at the Corydon Community Centre Spring Carnival with a Canada Summer Jobs employee.

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18 \$ CDB	19 \$ CCB	20
21	22	23	24 Saint-Jean-Baptiste Day (Quebec)	25	26 \$ CPP/OAS/GIS	27
28	29	30				



July

'26



Celebrating Canada Day at the epic Rosedale Block Party and Barbecue in Lord Roberts.

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Canada Day	2	3 \$ GST/HST	4
5	6	7	8	9	10 \$ ACWB	11
12	13	14	15	16	17	18
19	20 \$ CDB \$ CCB	21	22	23	24	25
26	27	28	29 \$ CPP/OAS/GIS	30	31	



August

'26



With Team MB flag bearer and kayaker Luke Enns, and Secretary of Sport Adam van Koeverden at the Canada Summer Games.

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 Terry Fox Day	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20 \$ CDB \$ CCB	21	22
23	24	25	26	27 \$ CPP/OAS/GIS	28	29
30	31					



September

'26



Ben and Elder Mabel unveiling a commemorative plaque at the site of the former Assiniboia Residential School, located in Winnipeg South Centre.

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
6	7 Labour Day	8	9	10	11 Rosh Hashanah Begins	12
13 Rosh Hashanah Ends	14	15	16	17 \$ CDB	18 \$ CCB	19
20 Yom Kippur begins at sundown	21	22	23	24	25 \$ CPP/OAS/GIS	26
27	28	29	30 National Day for Truth and Reconciliation			

October

'26



Serving at the Riverview Community
Centre Fall Supper.

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5 \$ GST/HST	6	7	8	9 \$ ACWB	10
11	12 Thanksgiving	13	14	15 \$ CDB	16	17
18	19	20 \$ CCB	21	22	23	24
25	26	27	28 \$ CPP/OAS/GIS	29	30	31



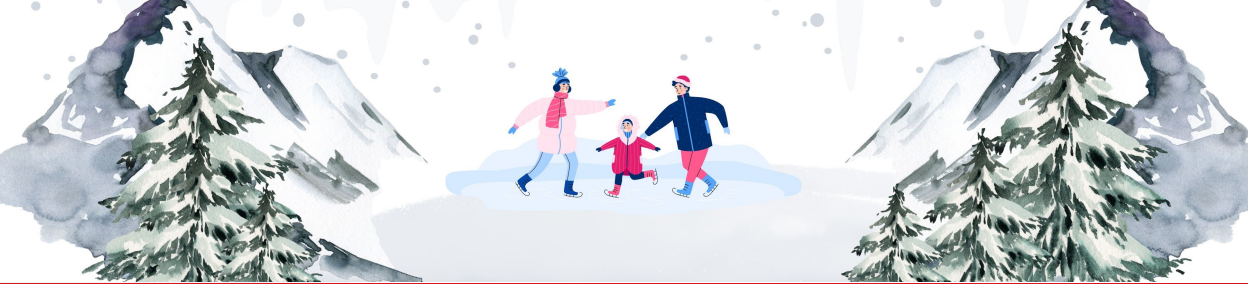
November

'26



Attending a Remembrance Day Service at the South Osborne Legion.

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11 Remembrance Day	12	13	14
15	16	17	18	19 \$ CDB	20 \$ CCB	21
22	23	24	25	26 \$ CPP/OAS/GIS	27	28
29	30					



December

'26



Breakfast with Santa at the Lord Roberts Community Centre.



Speaking at a Hanukkah Service at Chabad-Lubavitch.

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4 Hanukkah Begins	5
6	7	8	9	10	11 \$ CCB	12 Hanukkah Ends
13	14	15	16	17 \$ CDB	18	19
20	21	22 \$ CPP/OAS/GIS	23	24	25 Christmas	26 Boxing Day
27	28	29	30	31 New Year's Eve		

January

'27

CONSTITUENCY OFFICE SERVICES

We can help guide you through federal departments, programs, and services, including:

- Birthday and Anniversary Recognitions
- Canada Dental Care Plan (CDCP)
- Canada Pension Plan (CPP)
- Canada Student Loans
- Citizenship & Immigration (IRCC)
- Community Funding Support
- Employment Insurance (EI)
- Guaranteed Income Supplement (GIS)
- Old Age Security (OAS)
- Passport Canada
- Veterans Affairs

SUN	MON	TUE	WED	THU	FRI	SAT
					1 New Year's Day	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

2027 CALENDAR

January

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

May

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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

February

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

June

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

March

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

July

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

November

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

April

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

August

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

December

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	